

LUNCH MENU



RESTAURANT BAR & GRILL

STARTERS & SALADS

- Seasonal Soup of the day** ★ with grilled Ciabatta \$6
- Hand Cut Yukon Gold Fries or Sweet Potato Fries** ★ \$6
- Bruschetta** ★ topped with garlic herbed tomatoes, red onions & goat cheese \$9.5
- Fried Calamari** ★ dried chili, lemon served with a side of tzatziki or marinara \$10.5
- Soup, Salad & Bread** ★ daily soup with a side of organic mixed greens and grilled Ciabatta \$9.25
- Organic Greens** ★ tossed with red onion, cucumber, grape tomatoes and house balsamic vinaigrette \$8.5
- Caesar Salad** ★ romaine lettuce dressed with our house caesar dressing, served with a crostini and pancetta \$9.5
- Caprese Salad** ★ vine-ripened tomatoes, bocconcini, basil & balsamic glaze with pesto drizzle \$10
- Mediterranean Salad** ★ feta cheese, avocado, fennel, red onions, olives, green peppers, cucumbers and tomatoes with a lemon herb vinaigrette \$11
- Pear & Goat Cheese Salad** ★ goat cheese wrapped in phyllo pastry, grape tomatoes and red onion tossed with organic greens and a balsamic dressing, garnished with spicy pecans \$11.5
- Grilled Steak and Goat Cheese Salad** ★ with roasted red peppers, cucumber and crispy fried onion on organic greens with a balsamic reduction \$13.5
- Kale Salad** ★ lemon rubbed kale, dried cranberries, walnuts, parmesan cheese & lemon herb dressing \$11.25
- Add grilled chicken \$4 or steak \$5 or shrimp \$6 or salmon \$6.5**

PANINIS

- Grill pressed Ciabatta bread with a side of our hand cut fries or house salad. Upgrade to sweet potato fries, caesar salad, kale salad or kale coleslaw \$2
- Lucy's Panini** ★ salami, prosciutto, bocconcini, balsamic onions, roasted red peppers & basil pesto \$12.5
- Wood Fired Rosemary Chicken** ★ roast chicken, balsamic roasted onion, basil pesto & tomato \$13
- Grilled Vegetable & Goat Cheese** ★ grilled zucchini, roasted red peppers, balsamic portobello & house hummus \$11.50
- Chicken Club** ★ roast chicken, pancetta, applewood smoked cheddar & tomato \$12.5
- Meatball Marinara** ★ meatballs served open faced on Ciabatta with melted cheese and our house tomato sauce \$12.5

WRAPS

- All served with a side of our hand cut fries or house salad. Add sweet potato fries, caesar salad, kale salad or kale coleslaw \$2
- Chicken and Pepper Goat Cheese Wrap** ★ chicken, roasted red peppers, spinach, goat cheese with a balsamic reduction \$11
- Artichoke Hearts Sun Dried Tomatoes** ★ roasted red peppers, red onion, spinach with caesar dressing \$11.5
- Grilled Steak and Cheese** ★ parmesan, asiago and romano cheese with roasted red peppers, red onion and spinach \$12
- Avocado Chicken Wrap** ★ chicken, crushed avocado, tomatoes, red onions, jalapenos, mozzarella, and spinach \$11.5

CALZONES

Served with a side of house tomato sauce.

- Pepperoni & Mozzarella Calzone** ★ \$12
- Roasted Chicken Calzone** ★ caramelized balsamic onion, marinated portobello and shredded mozzarella \$13
- Garden Vegetable** ★ grilled zucchini, artichokes, roasted red peppers, basil pesto and shredded mozzarella \$12
- Florentine** ★ roast chicken, double smoked bacon, sundried tomato, spinach and shredded mozzarella \$13

Add a House Salad, Caesar, Kale Salad, or Kale Coleslaw to any Calzone or Pasta \$3

PASTA

- Served with grilled Ciabatta bread. Whole wheat or gluten-free pasta available \$2.5.
- Spaghettini** ★ classic spaghettini and tomato sauce \$11
- Add oven baked meatballs \$3
- Chicken Primavera** ★ grilled zucchini, green peppers and roasted red peppers, onion, sun dried tomato, spinach and broccoli lightly tossed with tri colour fusilli, basil pesto and olive oil \$14
- Lucy's Mac & Cheese** ★ double smoked bacon, penne noodles & four cheese alfredo \$12
- Rosé Chicken Fusilli** ★ tri-colour fusilli with roasted red peppers, chicken and broccoli tossed in a rosé sauce \$13.50
- Seafood Fettuccine** ★ snap peas, chili flakes, tomatoes, red onions and fettuccine tossed in a pesto olive oil sauce \$14

WOOD FIRED PIZZA

★ LUNCH PIZZA FEATURE ★

A lunch size personal wood fired pizza with sauce, cheese, and ANY TWO toppings of your choice and a house salad or hand cut fries for only \$12.50

Your authentic hand crafted pizza is stretched thin to order and cooked in our hardwood fired dome oven at about 700F. Gluten free dough available for \$3.5

- Sauce Options** ★ garlic rosemary oil, pesto tomato sauce, tomato sauce
- Regular** ★ kalamata olives, baby spinach, red onion, fresh torn basil, pineapple, field mushroom, pepperoni, black olives, ham, green peppers, tomatoes, grilled zucchini, sundried tomatoes, broccoli, arugula, roasted garlic, guacamole, anchovies \$2 each
- Premium** ★ roasted red peppers, sliced bocconcini, smoked bacon, Italian sausage, goat cheese, portobello mushrooms, artichokes, feta cheese, soppressata, prosciutto, brie, calabrese salami, blue cheese, avocado \$3 each
- Extra Premium** ★ Add grilled chicken \$4 or steak \$5 or shrimp \$6

AVAILABLE UNTIL 3PM DAILY. Prices do not include taxes or gratuity.

TORONTO'S BEST AUTHENTIC WOOD BURNING OVEN PIZZA

Hey Lucy!



WOOD OVEN MARTINI BAR

295 KING STREET WEST ★ 229 CARLTON STREET

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